

The Viking Valhalla



Restaurant



Appetizers

Coconut Shrimp	10.95	Deep Fried Mushrooms	7.95
Jumbo Shrimp Cocktail	12.95	Crock of Onion Soup Au Gratin	5.95
Clams Casino	12.95	Valhalla Soup & Salad	10.95
Creamy Blue Cheese .75			

From The Seven Seas

VIKING REEF & BEEF – Shrimp or scallops with NY Sirloin or Prime Rib	Market Price
FRESH HADDOCK – Breaded or Beer Battered Fish Fry	16.95
Broiled Our Own Valhalla Way	17.95
Cajun or Lemon Pepper	18.95
BROILED SCALLOPS – Broiled in Butter	25.95
JUMBO SHRIMP – Deep Fried to a Golden Amber	26.95
JUMBO SHRIMP – Broiled & Seasoned in Garlic Butter	26.95
VALHALLA'S DEEP FRIED SHORE PLATTER	26.95
Shrimp, Scallops and Haddock – A Platter of Superb Delicacies!	
RAINBOW TROUT – Superb Specimen from Springfed Waters	20.95

From The Viking Broiler & Ovens

THE PRIME RIB AU JUS – Specialty of the house	Queen 29.95
– A colossal portion especially prepared for you ...	King Thor 34.95
– In the Valhalla manner	Lord Odin 48.95
NEW YORK STRIP STEAK – For the Royal appetite	Queen 26.95
– Charbroiled to perfection	King Thor 28.95
FILET MIGNON – Wrapped in bacon; the most tender of beef	29.95
ROAST SIRLOIN OF BEEF – With sautéed mushrooms	18.95
BROILED CHOPPED SIRLOIN – With mushroom sauce	17.95
BROILED CHICKEN BREAST – Served on a bed of rice, with Viking seasonings	19.95
CHICKEN FRENCH – Boneless breast of chicken, sautéed in lemon butter & sherry wine ..	22.95
CHICKEN PARMESAN – Prepared fresh, served with a side of Spaghetti	22.95

All of the above entrees from The Seven Seas and Viking Broiler & Ovens include Soup & Salad

For The Little Vikings

(Age 12 and under)

GROUNDROUND – Served with French Fries	7.95
GROUNDROUND WITH CHEESE – Served with French Fries	8.95
CHICKEN VIK-NUGGETS – Served with French Fries	8.95
SPAGHETTI IN SAUCE – Served with meatball	10.95
FISH FRY – Fresh Haddock served with French Fries or Mashed Potatoes and coleslaw (Friday's Only)	12.95

The above Little Viking meals may add Soup or Salad for an additional \$2.00



Guido's Pastas

SPAGHETTI OR RIGATONI IN SAUCE – Choice of sausage or meatball	17.95
LASAGNA – Homemade by our Viking Chef; Vegetarian option	17.95
LINGUINE WITH CLAM SAUCE – Choice of red or white	21.95
EGGPLANT PARMESAN – Homemade by our Viking Chef	19.95

All of the above Guido Pasta entrees include Soup or Salad

Other Viking Favorites

SHRIMP FEAST IN BASKET – Served with French Fries and coleslaw	13.95
HOT BEEF SANDWICH – Smothered in homemade gravy, served with potato and coleslaw.	11.95
FISH FRY – Fresh Haddock prepared Breaded or Beer Battered and served with French Fries or mashed potatoes and coleslaw (Friday's Only)	14.95

*You may substitute a baked potato or a twice baked potato for an additional \$2.00 with Other Viking Favorites
The above Other Viking Favorites meals may add Soup or Salad for an additional \$2.00*

Beverages

Coffee, Tea, Milk	2.95
Soft Drinks – Pepsi, Diet Pepsi, Sierra Mist, Mtn Dew, Ginger ale, Orange	2.75

House Wines

<i>* Burgundy * Lake Niagara * Lake Roselle * Port * Riesling *</i>		
<u>Glass</u>	<u>½ Carafe</u>	<u>Full Carafe</u>
\$6.00	\$12.95	\$19.95

<i>Kendall Jackson Chardonnay</i>	<i>\$8.95 (Glass)</i>	<i>\$30.95 (750 ml Bottle)</i>
<i>Dr. Frank Salmon Run Reisling</i>	<i>\$8.95 (Glass)</i>	<i>\$30.95 (750 ml Bottle)</i>

Wines (187 ml Bottle)

** Cabernet Sauvignon * Chardonnay * Merlot * Moscato * Pinot Grigio * White Zinfandel **
\$7.00

Draft Beers on Tap – Pilsner or Pint Sizes

** Coors Lite * Budweiser * Genny Light * Blue Toad Ciders (Seasonal) *
* Sam Adams Seasonal * Rohrbach Scotch Ale * Southern tier IPA **

Numerous Bottle Beer Choices – Ask your server for your favorite!

Desserts

~ Ice Cream ~ Parfaits ~ Pies ~ Cakes ~

PARTY & BANQUET FACILITIES AVAILABLE – 7 DAYS A WEEK – UP TO 100 PEOPLE

Please no separate checks on parties of 8 or more. 18% Gratuity will be added to parties of 8 or more. For shared meals, there will be a \$2.00 plate charge.

*** * GIFT CERTIFICATES AVAILABLE * ***

Our History

In September 1954, Mary and Pierson "Doc" Sardou purchased the Rose Garden Restaurant from Hazel and Ernie Leyson, who were the original owners of the roadside restaurant, dating back to 1924. Doc and Mary, along with their one-year-old son, Tom, moved from East Rochester to Bergen one month later. In June 1956, their second son, George, was born. The month of August 1957 marked the addition and grand opening of the newly built eight-lane bowling center – adding to the business name and making it The Viking Valhalla Restaurant at the Rose Garden Bowl. As the restaurant grew so, too, did the bowling leagues. Doc passed away in 1967 and Tom, then 13 years of age, took full responsibility in filling his father's shoes by helping to run the business by cooking dinners, running leagues and learning to fix bowling machines. Younger brother, George, then 10 years of age, helped by bussing tables, washing dishes and when old enough, doing short order cooking. In 1993, Tom built two beach volleyball courts that have provided a fun summer outdoor activity. In June 2019, at the age of 91 (shy of 92 by 5 weeks), Mary joined our Lord and her husband Doc. She left behind 65 years of wonderful memories in our community. Today, Tom heads the business with help from Chris, his wife. September 2021 marks the 67th anniversary that the Sardou family has owned and operated their business. Over the years, the Sardou family has worked with many dedicated employees and established long-term friendships with their loyal customers -- our appreciation and thanks cannot be expressed enough.

The Viking History

The Norse Gods, or the Æsir, lived in a heaven called Asgard. This city was a center for sacrifices.

Odin was the Father, and Chief God, who ruled the City of Asgard. He was the God of Cult. Armies of men were sacrificed to him. He would stand tall in his throne in Asgard, with his two raven companions perched on his shoulders. Their names were Hugin and Munin, which means Wind and Memory. These two ravens were his informers, the scavengers of the battlefields.

Odin, the Lord of the Slain, the God of Poetry and Wisdom. He sacrificed one of his eyes for the search of knowledge.

The Valhalla is an after-life of orgy, and feasting and fighting.

Thor is the Thunder, God of Seamen and Farmers. He is the God of the Sky, Ruler of the Storms. He rode the Heaven's in a chariot, pulled by two sacred goats. He was the Lord Protector of the Universe, guarding the world with his might hammer called Mjollnir. He used his hammer to hallow weddings and marital homes.

Frey is the God of Fertility, and Controller of the Rain and Sunshine.

There were three more Gods. Sigard is the Dragon Slayer, Attila the Hun, and Ermaneric the Goth.

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